

Our PSHE curriculum aims to provide the foundations for understanding oneself, others, and the world around us. Through building a strong body of knowledge and concepts, pupils are encouraged to develop their social, emotional, and moral awareness, fostering empathy, resilience, and respect for diversity. They are inspired to make positive choices, uphold fundamental British values, and contribute meaningfully to their communities and society.

Our curriculum fosters a love of PSHE by ensuring that pupils:

- ✓ **Build knowledge** – Learning about essential concepts such as health, relationships, equality, diversity, and the importance of democracy, rule of law, individual liberty, and mutual respect.
- ✓ **Embrace British values** – Encouraging pupils to understand and uphold the fundamental values of democracy, tolerance, and respect in their everyday lives.
- ✓ **Develop empathy and respect** – Valuing diversity by understanding different perspectives and celebrating inclusivity in their communities.
- ✓ **Strengthen decision-making skills** – Enhancing critical thinking and problem-solving abilities to make safe, ethical, and responsible choices in various situations.
- ✓ **Link learning to everyday life** – Exploring the relevance of health, well-being, relationships, and active citizenship in their daily lives.
- ✓ **Engage with real-world challenges and opportunities** – Equipping pupils to adapt, act responsibly, and contribute positively to their families, communities, and the wider world.

Each topic has been planned to ensure that our curriculum principles and intent can also be achieved. Opportunities to apply English and Maths learning are embedded throughout each topic to provide pupils with the opportunity to apply this knowledge within meaningful contexts.





By connecting our learning in PSHE to our Big Idea curriculum, pupils also develop a deep understanding of these abstract concepts while enriching their knowledge of the PSHE curriculum. This approach supports the development of critical thinking, curiosity, and cross-disciplinary connections, equipping pupils with the skills and understanding they need to navigate the world around them and become the best version of themselves.

Community	How can we help everyone in our class feel like they belong and are valued as part of our school community?
Human Rights	What are the rights that every child should have and why are they important for everyone?
Stewardship	What can we do to take care of our environment and make sure it's healthy for future generations?
Resilience	What are some ways that we can stay strong and keep trying even when things feel difficult or challenging?
Equality	Why is it important that everyone is treated fairly, and how can we make sure people feel included, no matter who they are?
Health	What choices can we make every day to keep our minds and bodies healthy and happy?
Wonder	How can curiosity help us discover new ideas and understand more about the world around us?
Technology	What are some ways technology can help us learn, and how can we use it responsibly and safely?